

## CURRICULUM VITAE

Rachel Laine Wilkins  
Doctor of Physical Therapy Program Arkansas State University

### Education:

Arkansas State University  
Jonesboro, AR  
August 2013-May 2016  
Physical Therapy  
Doctor of Physical Therapy

Arkansas State University  
Jonesboro, AR  
August 2009-May 2013  
Biology  
Bachelor of Science

### Licensure Information/Registration Number:

Arkansas State Physical Therapy License PT 4189  
Issued 7/27/2016  
Expires 3/1/2023

### Certifications (eg, ABPTS):

Board Certified Pediatric Clinical Specialist with ABPTS  
Effective 7/1/2022  
Expires 6/30/2032

### Employment and Positions Held:

Director of Clinical Education of Doctor of Physical Therapy program  
Assistant Professor  
Non-Tenure  
Arkansas State University  
Jonesboro, AR  
January 2022-present

Per Diem Physical Therapist  
Hands on Learning  
Northeast Arkansas  
April 2022-present

Adjunct faculty of Doctor of Physical Therapy Program  
Arkansas State University

Jonesboro, AR  
January 2020-December 2021

Physical Therapist  
UAMS Kids First  
Newport, AR  
August 2016-December 2021

Per Diem Physical Therapist  
Lindley/Blossoms SNF  
Newport, AR  
October 2016-January 2021

Peer Reviewed Publications:

N/A

Peer Reviewed Scientific and Professional Presentations:

N/A

Abstracts:

N/A

Non-Peer Reviewed Publications:

N/A

Non-Peer Reviewed Presentations:

Wilkins R, Martin M, Motts SD. Preferred sense for static balance in people with diabetes and sensation loss. Program No. 520.27/U34. 2015 Neuroscience Meeting Planner. Chicago, IL: Society for Neuroscience. 2015. Online.

Funded/In Review Grant Activity:

N/A

Current/Active Research Activity:

include:

Effects of hippotherapy on pediatric and adult patient populations used as an integrated clinical experience to develop the interprofessional relationship between DPT and OTD students.

Pre and Post effects of hippotherapy on pediatric and adult patient populations.

Effects of an integrated clinical experience using hippotherapy program on clinical performance in DPT and OTD students.

Membership in Scientific/Professional Organizations:

American Physical Therapy Association 2013 to present  
Arkansas Physical Therapy Association 2013 to present

Consultative and Advisory Positions Held:

N/A

Community Service:

Project Heart  
Organization member  
July 2022-present

Services to the University/College/School on  
Committees/Councils/Commissions:

Curriculum Committee  
College of Nursing and Health professions  
Arkansas State University  
August 2022 to August 2025

Ad Hoc College Interprofessional Education Committee  
College of Nursing and Health Professions  
Arkansas State University  
August 2022 to present

Recruitment Team  
DPT program representative  
College of Nursing and Health Professions  
Arkansas State University  
March 2022 to current

Admissions Committee  
Doctor of Physical Therapy Program  
Arkansas State University  
January 2022 to present

Honors and Awards:

Mitzi Zeno Faculty Award  
Physical Therapy Student Association  
Arkansas State University  
May 2022

Continuing Education Attended:

Effective Teaching Practices  
Began August 2022  
3 weeks/25 completed  
Ongoing  
Association of College and University Educators  
Online format

Pediatric Physical Therapy: Roles in Health Promotion, Fitness, Wellness and Prevention  
9/18/2022

4 contact hours  
Instructor Maggie O'Neal, PT, PhD, MPH  
Optimize ArAPTA  
Rogers, AR

Outdoor Physical Therapy: Thinking Outside the Clinic Walls  
9/17/2022

1.5 contact hours  
Instructor Carol-Ann Nelson PT, DPT  
Optimize ArPTA  
Rogers, AR

Pediatric Physical Therapy: Roles in Health Promotion, Fitness, Wellness, and Prevention  
9/17/2022

1.5 contact hours  
Instructor Maggie O'Neil PT, PhD, MPH  
Optimize ArPTA  
Rogers, AR

New Faculty Development Workshop for Physical Therapy and Physical Therapist Assistant  
Programs

6/20/2022-6/24/22  
32.7 contact hours  
Instructors Pagliarulo and Associates  
Ithaca, NY

Kinesiology Taping for Pediatrics

12/30/2019  
6 contact hours  
Summit Professional Education  
Instructor Kristin Sanders PT, MPT PCS  
Online format

Therapeutic and Kinesiotaping

6/8/2019  
7.2 contact hours  
Summit Professional Education  
Instructor Bill Oswald, PT, DPT, OCS, Dip MDT  
Online format

Developmentally Appropriate Practice

6/6/2019  
7 contact hours  
UAMS Kids First  
Instructors Kimberly Norris M.Ed/Leslie Fason OTR  
Newport, AR

Enhancing Quality of Life Through Effective Orthotic Intervention

4/2/2019  
3 contact hours  
Surestep  
Instructor Anne Pare CO/LO

Jonesboro, AR

Learning to Walk, Walking to Learn, and Get on your Feet  
12/15/2017  
6 contact hours  
Prime Engineering  
Instructor Ginny Paleg PT, MS, DScPT  
Little Rock, AR

Current Teaching Responsibilities in the Entry-Level Program:

Special Topics-Pediatrics  
August 2022 to present

Research  
Co-taught  
August 2022 to present

Making Connections  
Co-taught  
August 2022 to December 2022

Professional Issues I  
June 2022 to present

Clinical Education I-V  
January 2022 to present

Healthy Agers  
Co-taught  
January 2022 to present

Neuromuscular II-Pediatrics  
January 2021 to present

Physical Agents and Modalities/Integumentary  
Co-taught  
January 2020 to May 2020

Clinical Education IV and V  
Assisted DCE  
January 2020 to May 2022